

**Billie Jean King Fitness Center
Current Class Schedule**

Monday	10:30 AM Low Impact Dance 11:30 AM Restorative Hatha Yoga
Tuesday	10:30 AM Chair Fitness 5:30 PM Mat Pilates
Wednesday	10:30 AM Core, Ball, Balance
Thursday	10:30 AM Chair Fitness
Friday	10:30 AM Core, Ball, Balance

**All classes taught by Debbie Widrick, BGS, NSCA-CPT
Questions? Call Debbie at 428-7777, ext. 1035**